

## **Senior Shopping Hours—Knox County**

*March 24, 2020.* This list was accurate at the time of posting but may change as situations in our community develop. If you have any changes or additions, please contact [gabe@franklinkyle.com](mailto:gabe@franklinkyle.com) at Franklin & Kyle Elder Law, LLC.

\*\*\*Note that many stores are no longer allowing you to bring in reusable shopping bags.

**Aldi**—1 hour before opening to the public, Tuesdays and Thursdays (store hours vary by location)

Seniors, pregnant women, customers with compromised immune systems

**Big Lots**— First hour of each day for senior citizens and “those most vulnerable to this virus”

**Butler and Bailey**—Tuesday and Saturday mornings from 8am until 9am are reserved for the elderly and high risk to shop.

**Costco**— Tuesdays and Thursdays, members 60 and older can shop from 8 to 9 a.m. at all locations except Business Centers.

**Dollar General**— First hour of each day for seniors

**Food City**—Daily 7am-8am

**Fresh Market**—First hour stores open, from 8 to 9 a.m., for "seniors and those most at risk" Mon-Fri

**Ingles**—7am-8am Tuesday and Wednesday for seniors, first responders and those with compromised immune systems.

**Kroger**—from 7am-8am (first hour of opening) for seniors and those with compromised immune systems.

**UGO**—(Did not get an answer on phone and will update when able)

**Publix**—Tuesday and Wednesday mornings from 7 to 8 a.m. for seniors 65+. Pharmacies also open at 7am during that time for seniors.

**Sam’s**—No senior shopping hours at this time

**Save-a-Lot**—8am-9am (first hour of opening) for seniors

**Target**—First hour open each Wednesday for “vulnerable guests”

**The Village Mercantile**—Open 10am-5pm, while they said they do not have set senior hours, they recommend shopping before noon when there is less of a crowd.

**Three Rivers Market**—No senior set hours but they recommend that seniors come in from 8am-9am when the store is less crowded.

**Trader Joe's**— First hour of daily shopping will be reserved for senior customers, from 9 to 10 a.m. The company didn't specify the age range of seniors, which is generally considered to be 65 and older, but it varies by company.

**Walgreens**—Tuesday weekly senior hour from 8 to 9 a.m., open to caregivers and immediate families, as well.

**Walmart**-- March 24- April 28, Tuesday for customers 60+ are invited to shop one hour prior to store opening.

**Whole Foods**—Customers 60+ are invited to shop one hour prior to store opening.

Some of the senior shopping hour time information was from the following sources:

Tyko, K. (2020, March 24). Stores offer shopping time for vulnerable customers amid coronavirus: Walmart, Target, Costco and more. Retrieved March 24, 2020, from [https://www.knoxnews.com/story/money/2020/03/17/coronavirus-shopping-stores-introduce-time-for-vulnerable-elderly-pregnant/5074064002/?fbclid=IwAR0TuB9EMx-3KQIm04sMjoWy1MM\\_C6xylBCrsaaydUa94pVglFopAjRkuHk](https://www.knoxnews.com/story/money/2020/03/17/coronavirus-shopping-stores-introduce-time-for-vulnerable-elderly-pregnant/5074064002/?fbclid=IwAR0TuB9EMx-3KQIm04sMjoWy1MM_C6xylBCrsaaydUa94pVglFopAjRkuHk)

Complete List of Grocery Stores with Senior Shopping Hours. (n.d.). Retrieved March 24, 2020, from <https://thekrazycouponlady.com/tips/store-hacks/grocery-stores-senior-shopping-hours>